

THE WELTY HOME LC

Schedule of Services and Charges Offered

Accommodations:

- Private room
- Private bathroom
- In-room television cable hook-up
- Small in-room snack refrigerator
- In-room private safe
- Emergency call system
- Emergency necklace call system
- Visual devices are used to monitor common areas and public entries of the building

Standard Services:

- Meals & Snack
- Housekeeping
- Laundry
- Activities
- Maintenance

Additional Services include:

- Nurses available 24 hours per day, to provide medication administration & health-related services, including limited & intermittent nursing services
- Personal Care Assistant available for help with bathing, dressing, and other activities of daily living
- Transportation to medical appointments
- Personal Shopping
- Personal Spending Account
- In-house Activities
- Outings in handicapped-accessible van
- Social Services available on an as needed basis from licensed social worker

Costs & Fees:

- Admission Fee \$100.00
- Daily rate of \$145.00/day, starting January 1, 2024
\$4,495.00 (31 days); \$4,350.00 (30 days); \$4,060.00 (28 days)
- Private phone, medications, medical costs additional
- In-house Beauty Shop available, additional cost
- In-house physical, occupational and speech therapy, additional cost

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Getting Ready for the Move

Admissions are scheduled for morning, between 9:30 am and 11:00 am. This allows the nurses ample time to reach the attending physician in case there are questions about any medications, labs, etc.

What papers Welty must have 3 days before admission day:

- Entire admission application:
 - “Application for Admission” (3 pages)
 - “Medical History” (4 pages)
 - “Medical/Functional Status” (completed and signed by the physician 60 days prior to admission and no longer than 5 days after admission, 3 pages)
 - “Resident Assessment” (completed and signed by the physician 60 days prior to admission and no longer than 5 days after admission, 3 pages)
- A copy of the applicant’s Medicare card, and other insurance card(s)
- A copy of the social security card (not required, but helpful to have on file)
- A copy of medical power of attorney (and living will, if a separate document), and/or durable power-of-attorney with medical clause

What to set up 7 days before admission day:

- Phone, if desired (Frontier 1-800-921-8101)
- Pharmacy (see below)
- Newspaper, if desired Wheeling Newspapers 304-233-0100 (notify our office of begin date)

What is furnished:

- Cable hook-up (at no charge to the resident)
- Single bed, night stand, chest of drawers, chair, lamp
- Bed furnishings and Towels
- Toilet paper

What to bring:

- All your medicines that you are currently taking, including over-the counter meds. (Note: Please keep containers a reasonable size, e.g. no more than a 100-tab bottle)
- A flashlight
- Your favorite comfortable chair, desk or TV stand and your TV
- Lock for your storage unit, if needed and available
- Clothing; Personal toiletries
- Personal decorative items.

What NOT to bring:

- **Do Not Buy Disposable Wipes for the resident**
- Microwave (available on each floor)
- Coffeemaker (we always have a pot on in the kitchen!)
- Cleaning supplies

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Pharmacy Information:

You must set up with a pharmacy that delivers, even if the resident has mail-order meds for routine meds. This is because there may be occasions when something is ordered that we must start the person on as soon as possible (e.g. an antibiotic)

The following is information we have about those in the area:

- Will deliver and send the bill to person responsible for paying the bills:
 - **MOUNDSVILLE PHARMACY (preferred pharmacy) (304) 845-0390**
 - Elm Grove Pharmacy (304) 242-1500
 - Med RX (304) 232-4984
 - Gompers Pharmacy (304) 234-0002

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Admission & Discharge Criteria

Admission Criteria: Resident fits into one of the descriptions in the Activities of Daily Living Levels described below; is able to benefit from Activity Program; is no longer able to function in an independent setting

1. Activities of Daily Living (ADL) Levels

- a. Mobility:
 - 1) Walks with no help
 - 2) Walks with no help other than assistive devices (e.g. walker)
 - 3) Walks with encouragement or occasional assistance (especially on uneven surfaces)
- b. Toileting:
 - 1) Completely independent: locates bathroom, manages clothing, uses facilities
 - 2) May require minimal physical assistance to manage toileting
 - 3) Requires verbal cues to locate bathroom
- c. Bladder Function:
 - 1) Independent bladder control; continent
 - 2) Occasional incontinence (less than 3x/week); aware; usually able to manage independently
 - 3) Scheduled elimination to avoid incontinence
- d. Bowel Function:
 - 1) Independent bowel control; continent
 - 2) Occasional incontinence (less than 3x/week); aware; usually able to manage independently
 - 3) Scheduled elimination to avoid incontinence
- e. Eating/Feeding:
 - 1) Completely independent: gets to dining room independently, feeds self, uses utensils
 - 2) May need reminders to get to meals on time, eats with minor assistance
 - 3) May require occasional verbal cues or supervision
- f. Grooming:
 - 1) Always neatly dressed, well-groomed, without assistance
 - 2) Requires minor assistance, occasional reminders and/or supervision
 - 3) Needs moderate and regular assistance or supervision in grooming
- g. Bathing:
 - 1) Completely independent in bathing
 - 2) Bathes self with minimal physical help, e.g. getting in and out of shower
 - 3) Bathes self but requires reminders, minimal supervision
- h. Dressing:
 - 1) Totally independent in dressing, undressing & selecting clothes
 - 2) Dresses & undresses but may require minor physical assistance
 - 3) Needs assistance in dressing or selecting clothes; reminders/assistance to put laundry out for washing
- i. Response to Activity Program:
 - 1) Generally cooperative & responds positively
 - 2) Requires minimal encouragement & reminders
 - 3) Requires moderate encouragement and/or supervision

Discharge Criteria:

- 1. Loss of self-feed ability
- 2. Loss of ambulation skills (can no longer ambulate independently or with walker)
- 3. Loss of ADL skills beyond those noted above, which persist over 2-4-week period
- 4. Medical problems beyond level of personal care home care (i.e., beyond limited and intermittent nursing care)
- 5. Behavioral problems that do not respond to a behavioral management program, e.g. a resident who continually refuses to cooperate with the assistance offered, who cannot be re-directed easily, or who continually makes attempts to leave the facility.

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For Your Information

Meal Times

Breakfast: 8-9:00 am Main Meal: 12 noon Supper (lighter meal): 5:00 pm

If you will be out of the building for a meal, please stop in the dining room and tell the staff or write your name and what meal you will not be here for on the tablet.

If you have a doctor's appointment that may cause you to be late for a meal, notify the nurse or dining room staff. You can have a meal warmed up when you return.

Leaving the Building

When leaving the building, please sign out on the sheet in the lobby. If you plan to return after 7:30pm, please let us know.

Bed linens & Towels

Bed linens and towels are changed weekly when your room is cleaned. Please notify your housekeeper or the office if you have special needs.

Laundry

Laundry is done weekly, with each floor having a designated day. Please ask the staff as to what day your laundry will be done. A laundry basket or hamper should be brought in for proper storage of clothing that needs laundered.

Religious Services

Catholic Mass is held daily at 11:00 am in the Chapel. Non-Catholic services are arranged by the activity department. Bible study is usually held every week in the lower level activities area of the facility.

Activities

You are invited to participate in any and all activities. Activities are held on either the lower level activities area or in the first floor sitting area by the dining room. Monthly calendars are distributed, and the schedule is posted daily.

Nurse

The nurse is available daily on all 3 shifts. Please notify the nurse of any medical appointments in case follow-up is needed. The nursing office is located in the lower level, next to the beauty shop. Please see the nurse prior to any doctors' appointments to get any papers for doctor to sign.

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Mail

Incoming mail is delivered to your room. Outgoing mail may be taken to the Receptionist Office for pick up by the Postal Service.

Transportation

Transportation to doctor appointments may be set up through our transportation department, which has a handicapped accessible van. If you need transportation, please notify the nurse as soon as you know you need an appointment. Preferably 1 week in advance. She will contact the transportation department to make the appointment for you. She will then notify you when the appointment is set up for. If you have a family member who would like to go with you, they are welcome to come here and ride on the van with you. **Your family is welcome to take you to your appointments also.**

Personal Spending Accounts

You may set up a personal spending account in the office by signing an agreement form and making a deposit to the account. The accounting is handled through Good Shepherd, and cash is on-hand here at Welty. You may use the accounts for paying beauty shop, for personal shopping, or just for having spending money available without making a special trip to your bank. This will be discussed with you upon admission.

Personal Shopping

A personal shopper is available weekly. If you need personal items but are unable to get them yourself, notify the Receptionist Office and they will have the personal shopper make your purchase. **Note: you must have a personal spending account open to take advantage of this service.**

Beauty Shop

The Beauty Shop is in our lower level activity area. Scheduling of appointments will be explained to you during the admission process.

Newspaper

Please make arrangements with the newspaper for your subscription to be billed and paid for by mail. Ask for the paper to be delivered by the person who already makes deliveries to the Welty Home.

Disposable Wipes

Please do not supply disposable wipes to the resident. They cause major plumbing issues in our facility.